


# COVID-19 HELPERS



by Beth Bacon and Kary Lee



Pixel Titles  
PO Box 4649  
Rollingbay, WA  
98061-0649  
(425) 243-3776

Text © 2020 by Beth Bacon.  
Pictures © 2020 by Kary Lee.

ISBN-13: 978-0-9994324-6-4

All rights reserved. This book or any portion thereof may not be reproduced or used in any manner without express written permission of the publisher, except for brief quotations in book reviews. Created in the United States of America.

**In the spring of 2020, something  
very unusual happened.**



**Children around the world  
stopped going to school.**



**They stopped playing  
in the parks. They stopped  
going to sports games,**



**and movie theaters, and  
birthday parties.**





In the spring of 2020, it  
seemed like kids everywhere  
were doing nothing.

But they weren't  
doing nothing.

**They were doing  
something very  
important. They were  
helping to fight a brand  
new disease.**



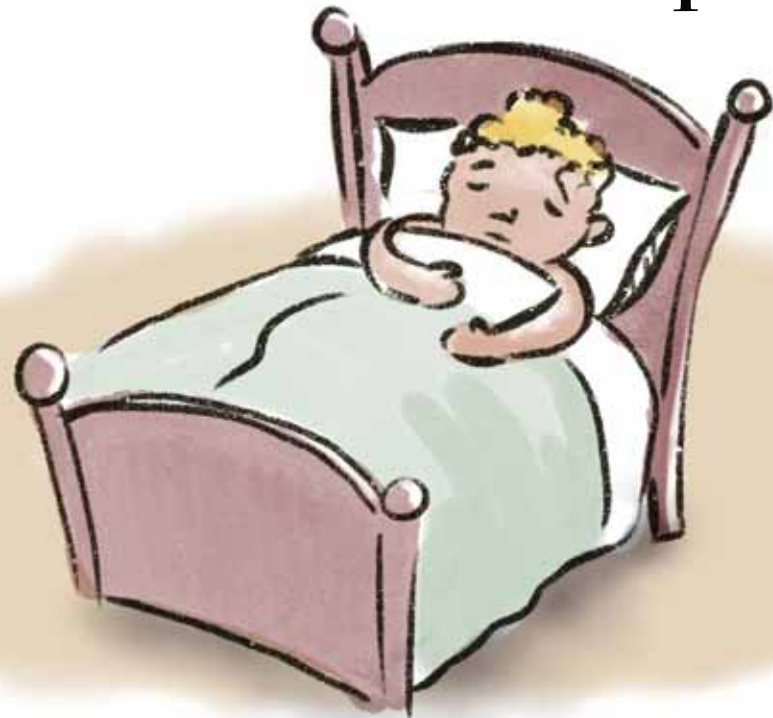


**Covid-19 appeared for the first time just a few months before.**

**Most people were  
not harmed by  
the virus.**



**But it made some  
people very sick.**



**Because it was new, doctors  
did not have a cure.  
So people everywhere began to help.**





**Healthcare  
workers helped  
sick people  
recover.**



**Leaders helped  
by making  
new plans.**



**Researchers  
helped to  
discover new  
medicines.**



**Reporters  
helped  
share the  
news.**





**Farmers and grocers  
helped by making  
sure there was healthy  
food to eat.**



**Truck drivers  
helped by  
transporting  
supplies.**



**Garbage collectors  
helped by keeping  
communities clean.**



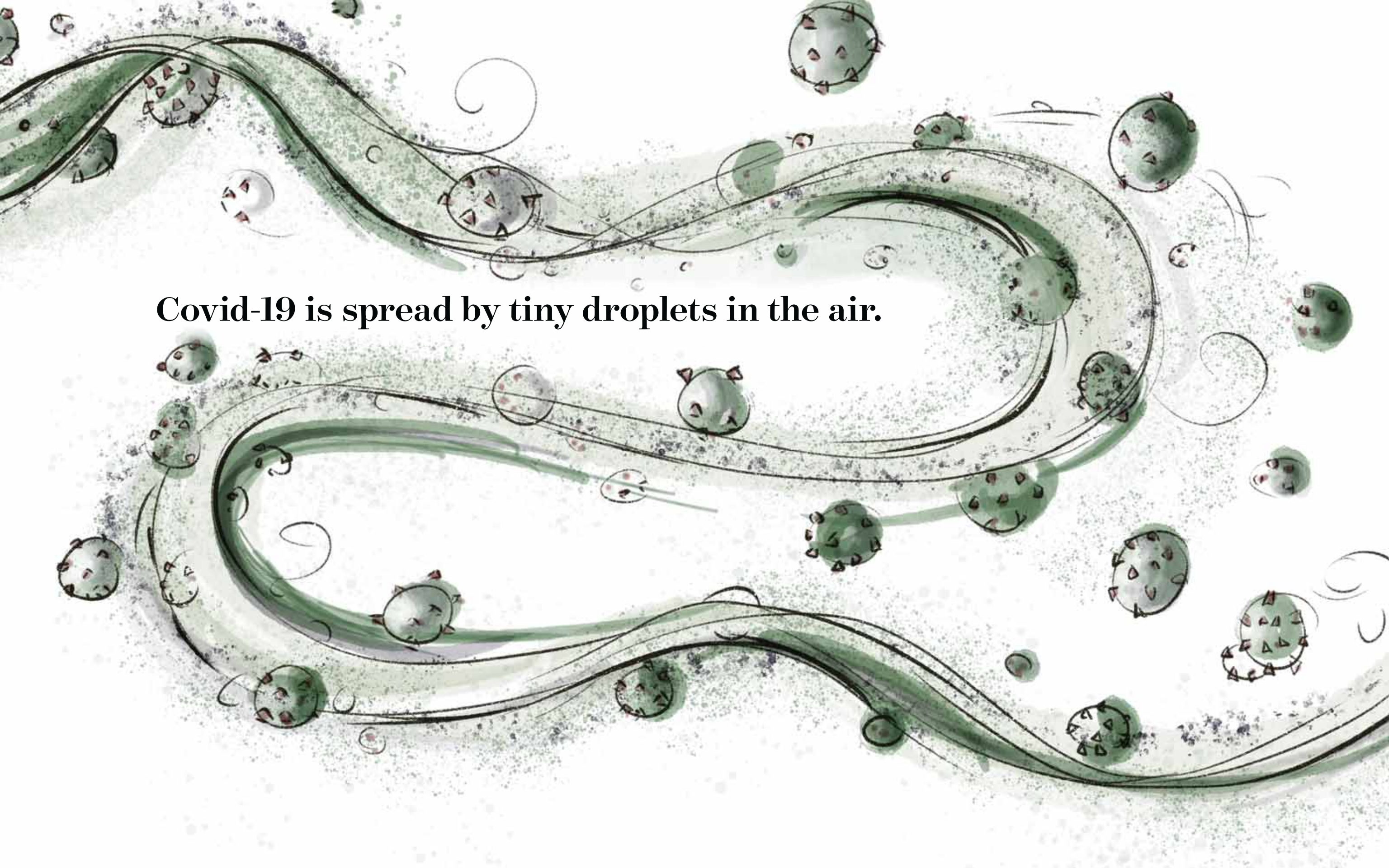


**When they went to the market,  
shoppers helped by wearing masks  
and staying six feet apart.**



**And kids helped, too,  
just by staying at home.  
It may seem like staying  
at home was doing nothing.  
But this was an  
important job.**

**Covid-19 is spread by tiny droplets in the air.**



An illustration showing a crowded room with many people. The air is filled with a high concentration of small, dark droplets. A green circular highlight is drawn around a group of people in the center, and another green circle is drawn around a single person on the right. The overall scene is dense with people and droplets.

**When more people  
get together, more  
droplets fill the air.**

**When fewer people  
get together, fewer  
droplets fill the air.**

**With fewer droplets in the air,  
fewer people may get sick.**

**Soon, researchers will find a cure.**



Until they do,  
everyone is helping.







**Everyone, including  
kids like you.**

## **FACTS ABOUT COVID-19**

- **COVID-19** is the short name for “**coronavirus disease 2019.**”
- **COVID-19** may cause a fever and cough. It may give people a hard time taking deep breaths.
- Most people who have had **COVID-19** have gotten better. But some people get very ill.
- Doctors and scientists are still learning about the best ways to treat **COVID-19.**

## **WHAT CAN I DO TO AVOID GETTING COVID-19?**

- **Cough or sneeze into a tissue or your elbow.**
- **Keep your hands out of your mouth, nose, and eyes. This will help keep germs out of your body.**
- **Wash your hands with soap and water for at least 20 seconds.**
- **If you don't have soap and water, an adult can help you use a special hand cleaner.**

## ABOUT THE AUTHOR

When Beth Bacon was young, she loved to read. Now she loves to write. Her other books include *I Hate Reading*, *The Worst Book Ever*, *The Book No One Wants To Read* and *Blank Space*.

She earned an MFA in writing for children from Vermont College of Fine Arts. She also has a degree in communications from NYU and a degree in literature from Harvard. She and her husband have two sons, a cat, and lately, lots of foreign exchange students.

## VISIT HER WEB SITE

[BethBaconAuthor.com](http://BethBaconAuthor.com)

## ABOUT THE ILLUSTRATOR

As a kid, if Kary Lee wasn't in her backyard painting or tapping at the typewriter, she was most likely directing (bossing around) the neighborhood kids in one of her screenplays.

After college, she landed a job as an art director because she liked the bossy part. She took a painting class and won a book illustration award. Five books and a Mom's Choice award later, she's never looked back. Kary lives in Seattle with her husband Charles and a backyard bunny.

## VISIT HER WEB SITE

[KaryLeeStudios.com](http://KaryLeeStudios.com)

## **ABOUT THE SPONSOR**

Emory Global Health Institute (EGHI) brings together diverse disciplines to tackle world health issues. In April 2020, Covid-19 began spreading through the United States. Inspired by his grandchildren's questions about the pandemic, Dr. Jeffrey Koplan, Vice President for Global Health at EGHI, believed children's books could provide answers. So EGHI held an ebook competition. 260 stories were submitted. *Covid-19 Helpers* is the winning book.



**EMORY**  
UNIVERSITY

---

Emory  
Global Health Institute